



Unh
i qt h̄u



Unhiq jeu dku
eq; dk dkj hvf/dkj h
Hkrh unhi fj' kn-

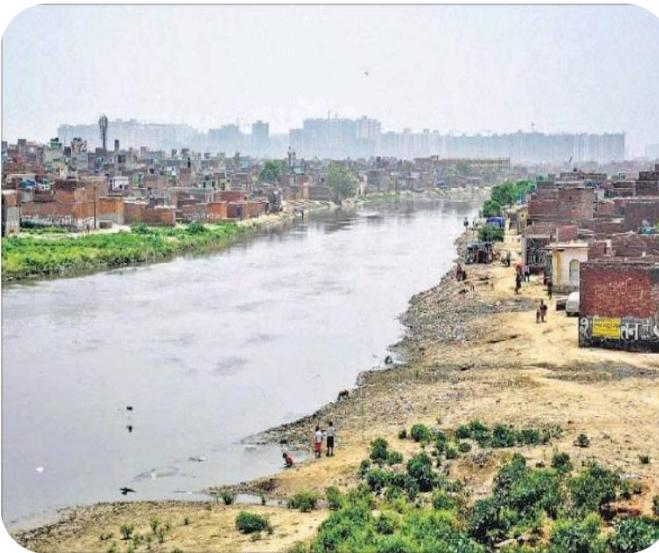


10&11 vi ४] 2023





Hkr e ufn; k dk or ēku
lfjn” ;



Ikut dhdeh

vfrdø. k

Ikñwk k

नदियों के ऐसे हालात क्यों?

- नदी का जल स्तर बहुत कम
- देश के ग्रामीण इलाज केंद्रों का अभाव
- नदी का संचयन नहीं होता
- उच्च अवधि के दौरान जल विफलता
- मौसूल वर्षाकालीन लोकों को जल की कमी का आपातकालीन खतरा





NKvI Ufn; I dsi qt hou dsfy, D I dj \

Hkjrh unhi fj' kn~} jkfdl hHhNkho
cj l khunhdksi qt hOr djusdsfy, I ekt
dsvuHokao oSkud nV dsl ekoS k l s
geus, d unhi qt hou i k lkfuHr fd; kgS
bl sjeu unhi qt hou i k i * uke fn; k
x; kgS bl ds10 fclhq; fd, x, gS



j eu lkñl i qt hñu
ekñw

- Unhd k Klu
- Unh Hñv d k fpUgkdu
- Unhmñxe dk i qt hñu
- Rjy&Bks dpjki eñku
- Unh Hñj k dhl QkbZ
- t u&t kx: drk
- rkykc l ja{k k
- l ?ku ouhdj.k
- jl k ueDr dfk
- NkVsckd k fuekZk



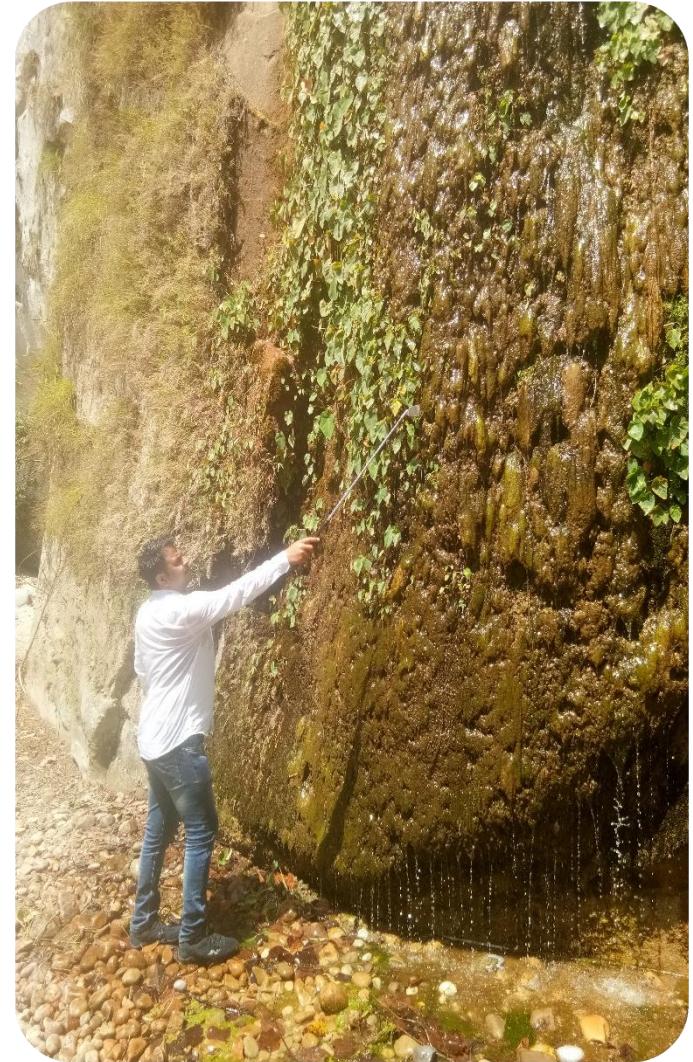


Ukt dk Klu

dk I si gy sunh dk KluA
r Hcu sunh d sd keAA

geaft I unh dsl dk v Flok i qt hōu dk dk Zi dk d
dj uk g\$I cl si gy smi unh dh fuEufy fkr t kud kf ; ka
gkshv ko” ; d ga

- unh dk bfr gk ¼ wJ f; kao oks kud i {k½
- unh dk l lekt d o kkeo egRo
- unh sl aak I HhnLr los ¼ j dk h@xJ&l j dk h½
- unh mxe dk Klu
- unh dh y EcbZo cglo {s d h t kud kf h
- unheai ku h dh flr ffk
- unh dh or eku I eL; k

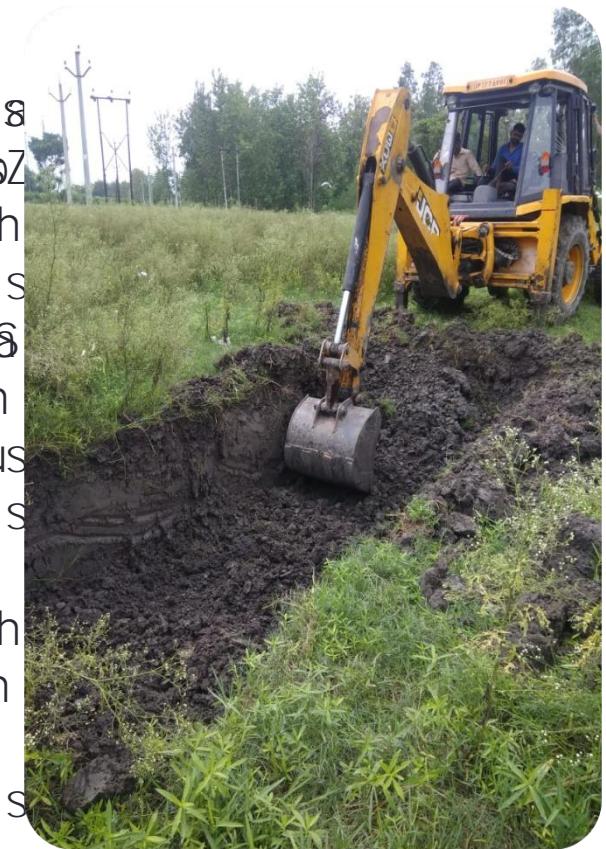




અનુભૂતિ દ ક ફ્રેન્ડ્લુ

અનુભૂતિ દ ક ફ્રેન્ડ્લુ
રહ્યાસ્યાની કુહા; દરાયા

v f/kd rj cj l kr h ufn; ksd sfdukj sd h Hf fd l h u fd l h i dkj es
d G k dr gS t gkal sd kZ Hh cj l kr h unhi j Hk gkshgS; kr ksoglad kZ
rkyk] >hy] l j k] [kky h LFku ; kfQj d f kdk Zgk sk gqk fey s kA unh
mx e l sv kx sunh cgko d h d g y EckbZeaHh unh d snkskafd ukj s
vfr Øfer ghfey s A d ghafd l kukausvi us[ks unh l sfey kdj cuk fy, gS
rlsd ghafd l hv U usunh Hf d lsd G k k gqk gS d gha
d scgko d k {ksQy v f/kd gSogkaunhd sv Uj Hh fd l ku d f kdk Zdj us
y x rsga, b seaf l i dkj l sunh mx e d h Hf ghunh cgko {ks ds
nkakav kj d h Hf d lsd Hh d G ke dr dj kuk v ko'; gS bl d sfy, LFku h
i z k u d sl kf k l elb; cukdj r Fkk unh d hmfpf t kud k j h nsj unh
mx e o unh cgko {ks d h Hf d k fplojklu dj k k t kuk pkf g, A unh d h
y EckbZd k d g Ns fd u&fd u t ui nk al sgk al j cgr k gS ml d sv uqkj
unh cgko d si R s t ui n ea; g d k Zv y x & v y x t ui nk ad si z k u d s
ek e l sgh dj kuk gkA unh d snkskafd ukj kai j unh Hf d hek i r k
d j d sml d k fplojklu fd; k t kuk pkf g, A v x j l Hb gksr ksfplfgr d h x bZ
unh Hf i j fi y j @ [kEcsy x k naspkfg, A





Unl mxe dk i qt h̄u

mxe ij t c i kuh gks kA
unhesrc ghcgk cu skAA

fdI h H unhdh t uuh ml dsmx e
LFky ij ek\$w i kuh gks k g\$ bl hf y ,
vko” ; d gSfd unhdk mxe LFky
i kuhm k j gkA unh mxe dks i qt h̄or
djusdk i z k l cl si gy sfd ; k t kuk
pkf g, A



rj y &Bk\$ dpj k i c/ku o | QkbZ

unhegu t k dpj k&cfgl toA
rksfueq cu\$k unhcgkoAA

bl d k ZeafdI h HhI lekt d I aBu ; k unhd sfy , d k Zdj usoky sv U I egvad k d k Zi hfer
gksk g\$D ksd ?k\$op mksk adscfgl b d ksj ksd uk , d t fVy i fO; k gSft I d ksf d I j d k ghdj
I dr hga bl d k Zeat gkacgq v f/kd fu; e&d k nsbLr sky gkssgsoghabl d k v kfFk cl\$ Hh
vf/kd gksk ga , b seal lekt d I aBu ; k l egvft u xksk adsx asi kuhdk cgk o unheat k k gSmI s
j ksd usd sfy , i ksd fr d t y " ksku i) fr; ksd nsbLr sky dj useax k d henn dj I dr sg\$





unl vkkj t dhI QkbZ

unh ekZt c I kQ gkxkA
r Hh vfoj y uhj cgxkAA

fdI hHunhd scgko dksckusd sfy , ml dscgko {ks dseq; ekZd hI QkbZv uok ZgkshgA vDl j n\$kk t krk gSfd Nkshufn; ksd scgko {ks xaxhI s vVsj grsgs; kfQj mu i j vo\$kvfr Øe. kdj fy ; k t krk gA , bseageunhcgko ds{ks dksnkakfd ukj ka oryhI shhI kQ djuk pkfg, A unhcgko dkft ruk {ks ftI xko@ dLc@ ” kgj dhI hek eavkrk gS ml dhI QkbZd hft EeskjhHml hdhr; dj d sbl d k Zdkscgrj rj hdsf sfd; k t kI drk gA unhI s fud y usokyhxaxhdksunhd sfdukj kai j uglaMy uk gScfyd unhI sbruhnjwMy uk pkfg, ftI l sfd og fdI hHhek/ e I si q%unheau vksi k A





t u t kx: drk

xka&xko t c gkfk c<शA
unhI dkj d sdke cuशAA

unhd snkakfd ulkjkal s, d fd y lehVj d hnjihd sxkao d Lckao " kgj kaeaunhdsi fr t u&t kx: drk d sdk Zdks c<lok fn; k t kuk gkxkA bl eat gkaud M+ukVd] nhokj y \$ku] Ldykaeai fr; kxrk j, d xko I snlwj s xko ; kEk j, uDd MH Hk ao t u&t kx: drk xkB; kai zqkrk l sf, t kuspkg, A



I ?ku ouhdj. k

unh fd ukj k j gsu [kky hA

i \$Mdj aml d h j [koky hAA

unh dsnk fd ukj kai s, d fd y kshv j d snk j seaunh o pkj kkg v kfn d h H^o i j I ?ku o{kjk k. k fd; k t kuk pkfg, A bl eaunh fd ukj kai j , k si kksj ksr fd, t kus pkfg, at ksd i kuh d ksv i uh t Maea, d = dj ar Fkk d Vku d ksHhj ksd A, d fd y kshv j dsbl nk j seav kus oky s x koka e fd I kuka d ksckx y x kus d sfy, fo" ksk; k u k apy kbZt kuh pkfg, jft I l sf d vf/d I s vf/d fd I ku vi uh d f k H^o i j ckx y x k l d A, k d j usl st gkad N o' kks eav f/d o' kks gkks sy x k hogha H^o ty Lrj H^o h A i j mB k t ksd unh d ksue y o v foj y cguseaenn dj s k A I ?ku ouhdj. k d sd k Zea LFkkuh ou foHkx] LFkkuh I ekt r Fkk I kekft d I aBukad k H^o i jwI g; k y sk pkfg, A



r ky kc l ja{k k

dLy k&x sh v kv lsmBk A
vi uk r ky kc LoPN cuk A

unh d snkskafdukjkal s, d fd y kshv j dh njh r d ds x kokaear ky kc t c l IQ&LoPN o i ku h l shi sgksr ks t gkax ko d k Hw Lrj Å i j mBxk ogat c Hw ea ekswi zwk k d hek=k kij&kj sde gksht k xhA Hw Lrj Å i j v kusl sunhd kscguseav k kuhgksh D k d unh Hw o l grht y nkakal sfey dj cgrhgA unhds nkskafdukjkal s, d fd y kshv j dh njh d snk j sd sl Hh x kokaad sr ky kckad k j kt Lo f j d kM d sv kkk i j fpUgkal u dj d smud ksi qt hZor fd ; k t kuk pkfg, A v x j unh fd ukj sd kZ>hy v Fok l j koj v kfn gSr ksm d ksHh i qt hZor d juk v ko” ; d gA unh fd ukj sd kZ, sh l j d k j h Hh i M gkst gkai j r ky kc d k fuekZk fd ; k t k l d sr ks, sk Hh LFkuh i Z k u d sl g; kx l sd juk pkfg, A





jI k uedr d'k

QI y gkshtc jI k u edrA
unhcgs hrc xqk; drA

unhd snks fd ukjkal s, d fd y lehj dh njh rd dhdf kdksj I k uedr djuk gkskA fdI h Hh QI y eafdl h Hhi zljk dsj I k u o d huk' kd ksd lsbLr sky ca dj d sogkai kfrd rj hd kal sd f kdkdk Zdjuk gkskA bl I st gka QI y mR kn "kj o i kS Vd gksoghad f k feVh dhxdkoR keal dkj gkskA gfjr Økr dskn I s yxkrkj mi; ks gksj gsj I k uksd sd kj. k mudsd. k kj & kj sfj I rsgq Hhy rd tki gsgA jI k uedr dfk I shhy dhxdkoR keahh I dkj gksk r Fkk tksj I k uksd d huk' kd ksd srRo fl pkbZdsi kuh; ko' kzy ds I kFk cgdj unheapy st ksF mudh Hhj kd Fkk gkskA bl dk Zeal afkr tui n dhdf kI azh; ks ukv ksd k ykfy; kt kI drkgA





NK^o c^ok^o d k f^oe^ok^o

t c ck^o cu^ok N^oj i j A
rc H^osk unh d k ?KA

t c unhearj y o Bl^o d pj sd k fuLr^o. k i v^oz% fr c^ok^o gkst k^o k gSr ksm^o eai f^ofL^ok^o v ubq^o fuf^o pr njh^o
i j NK^o&NK^osck^o d k f^oe^ok^o d j uk pkf^o, A t gkaunheafd l h H^ohi ^ol^o k d k i v^ol^o k ughagSogkafuf^o" pr gh
NK^osck^o cuk^o t kusp^okf^o, A bu ck^o sek^o; e l st gkage unh d h l r g i j i kuh cuk^o j [k^osogham d ks^o
H^ow^o eaH^o useaH^od ke; lc gk^oA bl l sL^okuh fuokf^o; k^oi f^ok^o kao t kuoj kav kfn d ksH^ohi kuh mi y Ok gk^oKA
unh i j ck^o cukusd k d k Zck^o si ^ol^o k o njh L^okuh y ?qf^o p^ok^oZfoH^ok^o] H^oo l ja{ k k foH^ok^o] fl p^ok^oZ
foH^ok^o; k fo' k fo" kSK l sr d uhd l g; k^o i kdj ghd j uspkf^o.





d_k dju dhj. kufr

jeu unhi qt hou ek^W dksy k^v j usd sfy, ejshunh&ejshi gy dk Øe l p^f y r fd; kt kl drkg^{\$}D k⁶ 10 ey ea oky sd k Zbl d sek^e e l sQoLFkⁱ v^o i v^Z fd, t kl drsg^S

Ejst unh&ejst i gy

Ejshunh&ejshi gy dksunhl d^h dsf^y, d l lekt d i gy ds: lk^e ai d^h fd; kt^h k^h p^f g, A bl d k mna^S; l jd^h k^h dsl d^h Red i z k^h k^h dsl k^h unh fd u^h sds l ekt d kst k^h uko m^h eal g; k^h djuk g^h bl dk Øe dsr gr fd; st kusokys l H^h d k ZI ekt o LFkuh i z k^h u dsl g; k^h l sgh fd, t k l drs g^h; g , d , k^h l lekt d i gy gSft l eaf^h d k^h ZH^h hv^h let u vi uhunhdsl ja{kk eaf^h l h H^h i d^h l sv i uk; k^h nku ns^h drkg^h bl i gy dsr gr unh fd u^h scl k l ekt o unhl sf^h l h H^h: lk^e ai d^h for l ekt vi usnkf Ro d ksl e>rsgq vi us lrj l s; k^h nku ns^h drkg^h



भारत 2023 INDIA



The Ministry of Jal Shakti, Department of Water Resources, RD & GR shared the recent success of Raman Kant Tyagi, the Hindon River Waterkeeper (Uttar Pradesh, India) and prior East Kali River Waterkeeper, who restored the East Kali River from a swamp into a river.



i v@ d kyl unl] ejB

Ministry of Jal Shakti, Department of Water Resources, RD & GR

3 Jul • 🌍

काली नदी पुनर्जीवन के कार्य का पहला बदलाव दिखने लगा है। कार्य अनवरत जारी है। प्रस्तुत है पहले व आज की तस्वीर।



Ministry of Jal Shakti, Department of Water Resources, RD & GR

9 Aug • 🌍

Under the leadership of Mr. Surendra Singh, Divisional Commissioner, Meerut, the rejuvenation of the East Kali River has been c...
[See more](#)

[See translation](#)



Utkal untl gki A4



fg. Mu unl] ckxi r





fg. Mu unl mx e [k\$]
I gkj ui q



ਦੁਆਰਾ ਉਤੇ] ਫੇਕਪਾ ਜਾਂਦੀ ਹੈ





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